



Love Yoga Center
4949 Tamiami Trail N. #204
Naples, Fl. 34103
239-692-9747
loveyogacenter.com
loveyogacenter@gmail.com

200 Hour Yoga Teacher Training Program

Spring/Summer 2019


Start Date TBD

Fridays 6-9pm, Saturdays & Sundays 10am-6pm

Cost Includes:

Tuition for all lectures, all required books and materials,
UNLIMITED FREE YOGA classes during the program,
select Workshops, 10% discount on all gift shop items.

This is a comprehensive training course covering Yoga Philosophy, Asana (Posture) Alignment, Cues & hands on Assists, Yoga Anatomy, Chakras, Sanskrit, Chanting/Mantra/Bhakti, Meditation, Pranayama (breath control), Ayurveda, Karma Yoga, and much more. You will have been taught everything you need to prepare you to teach yoga upon graduation should you choose to.

We are a Yoga Alliance certified school 

Space is limited- To ensure your place we encourage you to apply early

Cost and Payment Options

Option 1:

- **\$3400 Early Enrollment Special if PIF with registration**
- \$500 Non-refundable deposit included
- **\$3400 Total**

Option 2:

- **\$500 Non-refundable deposit with registration**
- **\$3100 by program start date**
- **\$3600 Total**

Option 3:

- **\$500 Non-refundable deposit with registration**
- **\$1200 by program start date**
- **\$1200 one month after program start date**
- **\$1100 two months after program start date**
- **\$4000 total**

Keep these 2 pages for your records & Return the application to
loveyogacenter@gmail.com or bring it by Love Yoga Center
(call for lobby hours or to make a payment over the phone)

This program does require dedication and commitment to the process. It involves time for study, homework, personal practice and practice teaching outside of the scheduled weekends. It is life changing and worth everything you put into it. Most graduates say it was the best decision they ever made. We are happy to talk to you more about this and any other questions and concerns you may have. Please don't hesitate to call, email or request an appointment.

While there may be an opportunity to teach at Love Yoga Center following your graduation, it is not automatic. Some students need more time and practice to get comfortable teaching, while others are ready immediately following the training. We prefer our teachers to be Love Yoga trained, so we do our best to find a spot for those wanting to teach our beautiful community. That opportunity often begins with subbing or co/teaching until an opening becomes available on the schedule. Preparedness to teach often depends on your personality, experience teaching or presenting any subject, your personal yoga experience, how often you practice, and how much you practice teaching during the program. If this is something you are interested in please answer accordingly on the application and speak to Lahoma before graduation about the steps to become a Love Yoga Teacher. This will also be discussed during the program. We are so excited and honored to be a part of your Yoga journey and path! May it be blessed and prosperous for us all! Namaste!

LOVE YOGA CENTER 200-hour YTT Application

Name _____ Nickname _____

Are you a full time resident Y/N, if No where do you live? _____

Where did you grow up _____ Occupation _____

Age _____ DOB ____/____/____

1. How long have you been practicing yoga?
2. Have you practiced yoga at Love Yoga Center? With which teachers?
3. What style of yoga do you practice?
4. What other studios have you studied at? With which teachers?
5. How many times a week do you practice yoga?
6. Do you meditate? How often?
7. Have you ever done a yoga teacher training before? If yes give details.
8. Are you currently teaching yoga? If so where? What style/styles?
9. Please list your education and other relevant training experiences, yoga related and other.

10. Why are you interested in enrolling in a yoga teacher training program?

11. Why did you choose Love Yoga Center teacher training program?

12. How has yoga been influential in your life?

13. Are you interested in teaching yoga after graduation?

14. Are you interested in teaching yoga at Love Yoga Center after graduation?

15. Which Yoga topics most interest you?

16. What do you feel will be your biggest challenge during this program?

17. Do you have any medical, psychological, or emotional issues that may influence your ability to complete this training? Please explain.

18. How did you hear about this training?